

This is the Way Learning Center
18 Shaker Road
Enfield, CT 06082
860-253-0010

Internet Safety Rules for: _____

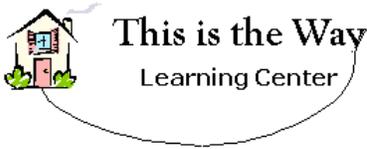
Name

Times

<u>Available Times</u>	<u>Unavailable Times</u>
During the Week: _____ : _____	During the Week _____ : _____
Weekend & Holidays _____ : _____	Weekend & Holidays _____ : _____

Places

<u>Available Places</u>	<u>Unavailable Places</u>
The places I can get online:	The places I can not get online:
<input type="checkbox"/> Home	<input type="checkbox"/> Home
<input type="checkbox"/> School	<input type="checkbox"/> School
<input type="checkbox"/> Friends	<input type="checkbox"/> Friends
<input type="checkbox"/> Library	<input type="checkbox"/> Library
<input type="checkbox"/> Cell Phone	<input type="checkbox"/> Cell Phone
<input type="checkbox"/> Other _____	<input type="checkbox"/> Other _____



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Internet Safety Laws

A federal law has been created to help protect your kids while they are using the Internet. It is designed to keep anyone from obtaining your kids' personal information without you knowing about it and agreeing to it first.

The Children's Online Privacy Protection Act (COPPA) requires websites to explain their privacy policies on the site and get parents' consent before collecting or using a child's personal information, such as a name, address, phone number, or social security number. The law also prohibits a site from requiring a child to provide more personal information than necessary to play a game or contest.

But even with this law, your child's best online protection is you. By talking to your child about potential online dangers and monitoring his or her computer use, you'll be helping your child to surf the Internet safely.

Online Tools to Protect Your Child

There are online tools that you can use to control your child's access to adult material and help protect your child from Internet predators. No option is going to guarantee that your child will be kept away from 100% of the risks on the Internet. So it's important that you be aware of your child's computer activity and educate your child about the online risks.

Below are some sites that offer monitoring and filtering software.

- [NetNanny](http://www.netnanny.com/) <http://www.netnanny.com/> -- It operates quietly in the background, carefully screening out user defined 'Words', 'Phrases', and content that you have determined are inappropriate.
- [Cyberpatrol](http://www.cyberpatrol.com/) <http://www.cyberpatrol.com/> -- provides basic Internet filtering of pornographic material and an unmodifiable subset of the CyberNOT list which includes the following categories: Violence/Profanity; Partial Nudity/Art; Full Nudity; Sexual Acts/Texts and Gross Depictions. Updates to these categories are automatically downloaded every 7 days.

Many Internet service providers (ISPs) provide parent-control options to block certain material from coming in to your child's computer. There is also software that can help block your child's access to certain sites based on a "bad site" list that your ISP creates. Filtering programs can block sites from coming in and

restrict your child's personal information from being sent online. You can also find programs to monitor and track your child's online activity. Also, it's a good idea to create a screen name for your child to protect his or her real identity.

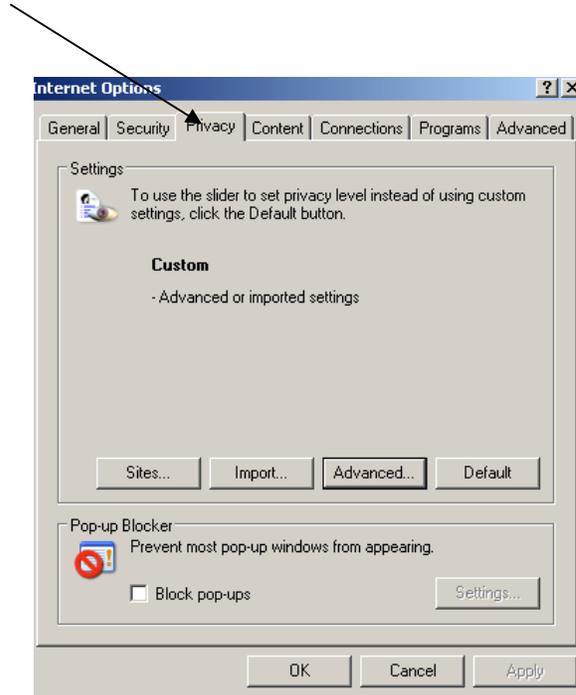
Getting Involved in Your Child's Online Activities

Aside from these tools, it's a good idea to take an active role in protecting your child from Internet predators and sexually explicit materials that are online. Here are some steps that can help you do that:

- Become computer literate and learn how to block objectionable material.
- Does your child close the computer screen when you walk by?
- Keep the computer in a common area, not in individual bedrooms, where you can watch and monitor your child.
- Listen for the sounds your computer makes when an Instant Message or Email is received.
- Share an email account with your child so you can monitor messages.
- Bookmark your child's favorite sites or create a link on the desktop for easy access.
- Spend time online together to teach your child appropriate online behavior.
- Forbid your child from entering private chat rooms; block them with safety features provided by your Internet service provider or with special filtering software. Be aware that posting messages to chat rooms reveals your child's email address to others. There are sites where free software is available.
- Monitor your credit card and phone bills for unfamiliar account charges.
- Use the History button in Internet Explorer to view sites your child visits.
- Find out what, if any, online protection is offered by your child's school, after-school center, friends' homes, or any place where he or she could use a computer without your supervision.
- Take your child seriously if he or she reports an uncomfortable online exchange. Do not be angry with your child but supportive. Anger will only cause your child to hold information back in the future.
- Forward copies of obscene or threatening messages you or your child receives to your Internet service provider.
- Call the National Center for Missing and Exploited Children at (800) 843-5678 if you are aware of the transmission, use, or viewing of child pornography online. Contact your local law enforcement agency or the FBI if your child has received child pornography via the Internet.

Many sites use "cookies," devices that track specific information about the user, such as name, email address, and shopping preferences. Cookies can be

disabled. In Internet Explorer, Select Tools then Internet Options. Click the Privacy Tab.



Select Advanced and check override automatic cookie handling. You can select prompt and whenever a cookie is trying to be saved on your PC you will receive a popup box telling you. (This is the Way LLC will not be responsible for changes you make. You make changes at your own risk)



It's also a good idea to set up some simple rules for your kids to follow while they're using the Internet. These rules may include:

- Follow the rules you set, as well as those set by your Internet service provider.
- Never trade personal photographs in the mail or scanned photographs over the Internet.
- Never reveal personal information, such as address, phone number, or school name or location. Use only a screen name. Never agree to meet anyone from a chat room in person.
- Never respond to a threatening email or message.
- Always tell a parent about any communication or conversation that was scary.
- If your child has a new "friend," insist on being "introduced" online to that friend.

Chat Room Caution

A chat room is a virtual online room where a chat session takes place. Chat rooms are set up according to interest or subject, such as skiing or a favorite TV show. Because people can communicate to each other alone or in a group, chat rooms are among the most popular destinations on the Web - especially for kids and teens.

But there are hazards to chat rooms for kids. There have been incidents where kids met "friends" who were interested in exploiting them through chat rooms. No one knows how common chat-room predators are, but pedophiles (adults who are sexually interested in children) are known to frequent chat rooms.

These predators sometimes prod their online acquaintances to exchange personal information, such as addresses and phone numbers, thus putting the kids they are chatting with - and their families - at risk.

Many pedophiles pose as teenagers in chat rooms. Because many kids have been told by parents not to give out their home phone numbers, pedophiles may encourage kids to call them; with caller id, the offenders instantly have the kids' phone numbers.

Warning Signs That Your Child May Be a Victim

There are warning signs that your child is being targeted by an online predator. Your child may be spending long hours online, especially at night. If there are phone calls from people you don't know or unsolicited gifts arriving in the mail, it's a good idea to ask your child about any Internet contacts. If your child suddenly

turns off the computer when you walk into the room, ask why and monitor computer time more closely. Withdrawal from family life and reluctance to discuss online activities are other signs that you need to look more closely at what your child is doing online.

Contact your local law enforcement agency or the FBI if your child has received child pornography via the Internet or if your child has been the victim of a computer sex offender.

By taking an active role in your child's Internet activities, you'll be ensuring that he or she can benefit from the wealth of valuable information the Internet has to offer, without being exposed to any potential dangers.



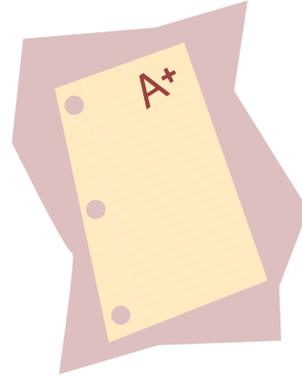
Internet Safety Checklist

The following will help to keep your family safe on the Internet.

1. Talk to your family about the importance of being safe online
2. Teach your children how to use the Internet safely.
3. Look where the computer is located in your home. If it is in a place with little visibility, move it to a public area of the house. Never put it in the bedroom.
4. Install safety software on your computer to block inappropriate sites. Your Internet Service provider may be able to assist you in what to purchase or provide you this service.
5. Create an Internet safety contract with your children and setup house rules for usage of the Internet.
6. Let your children know that they can come to you if something happens online that makes them feel uncomfortable.
7. Supervise your children online teaching them to make correct decisions. This will benefit them as they get older.



Internet Safety Quiz



Question 1

Joseph has a cat named Buddy. Everyone knows he really loves his cat. Joseph uses Buddy as his online password. Is that a good idea?

- a) Yes
- b) No

Discuss.

Question 2

You meet someone online. They tell you they are the same age and would like to meet you. They ask you not to tell your parents about the meeting. What should you do?

- a) Tell everyone
- b) Tell your parents
- c) Keep it a secret

Question 3

Someone sends you an inappropriate message. What do you do?

- a) Tell the sender not to send you those types of messages
- b) Delete the message and forget about it
- c) Do not reply and tell your parents

Question 4

A friend at school tells you a secret. You go online and tell all your friends the secret. Is that ok?

- a) Yes
- b) No

Question 5

You hear a rude joke and send the joke to a friend by email. Is that acceptable?

- a) Yes
- b) No

Question 6

You should never give out your name, address, phone number or other personal information to anyone online.

- a) True
- b) False

Question 7

Which of the following is personal information?

- a) Social Security Number
- b) Cats Name
- c) Passwords
- d) Home Address
- e) Favorite Color
- f) Phone Number
- g) School Name
- h) Parents' place of employment
- i) Shoe Size
- j) Parents Credit Card Number



Family Contract

1. I will not give out any personal information such as my name, address, telephone number, parents name, work address or work phone number, name of my school or the address of my school.
2. I will tell my parents if I encounter something that makes me feel uncomfortable while online.
3. I will never send a person my picture without checking with my parents first.
4. I will not give out my Internet password to anyone other than my parents.
5. I will not download or install anything with asking my parents first. This includes music files.
6. I will let my mom or dad know if something happens online that makes me feel uncomfortable.
7. I will supervise my children online teaching them to make correct decisions. This will benefit them as they get older.
8. I will never agree to get together with someone I met online without first checking with my parents. If my parents agree, I will make sure it is in a public place and bring my mother or father along.
9. I will talk with my parents about where I can go online and the times I can be online.

I agree to the terms above.

Child Signature

I agree that I will allow my child to use the Internet as long as these rules are followed. I also agree that my child may come to me, without recourse, to discuss anything online that makes them uncomfortable.

Parent Signature